



News

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Store Hours

Tues. thru Fri.
9:00 AM - 5:00 PM
Sat. 9 AM - Noon
CLOSED Sun. & Mon.

There are occasionally exceptions to these hours which are listed on the door, on our website & are also on our answering system if you call when we are closed. If in doubt check first!

FEATURED PRODUCT

This is the column where we re-introduce you to those great products and or services that we have provided for a long time that you may have forgotten about.

In this issue we'd like to remind you about the Silver Biotech's Hand & Body Lotion and Skin Cream.

The HAND & BODY LOTION is designed to be the perfect body lotion you'll love using every day. It utilizes all of the ingredients you know and love to give you the best moisturizing benefits a lotion can offer. The SKIN CREAM is designed for dry skin which requires special products that are designed to provide the best benefits. Silver Biotics Skin Cream's thick and moist formula makes the toughest skin feel silky smooth.

The ingredients are impeccable. Take a look.

SilverSol Nano Silver - The next generation of silver products. Through a new manufacturing technology, patented under multiple patents, our advanced nano-silver solution has become the new standard by which all other silver products are measured.

Coconut Oil - Coconut Oil's unique, natural composition helps increase hydration and decrease water loss in dry skin. This helps your skin to be smooth to the touch and very soft.

Hyaluronic Acid - Hyaluronic acid is a must have ingredient for an exceptional lotion. It's naturally found in the body. It hydrates the skin and reduces the appearance of fine lines and wrinkles. Hyaluronic acid is often called the natural fountain of youth because of its ability to retain many times its weight in moisture.

Vitamin E - Excessive sun exposure can damage healthy skin, causing fine lines and wrinkles. In some instances Vitamin E has been shown to help reduce sun damage and signs of aging.

So let's review, both products offer natural and organic ingredients and are fragrance free and non-greasy. They help reduce fine lines and wrinkles, hydrate dry skin immediately and help promote natural healing



The solution to overcoming nail fungus shouldn't be complicated, chemical or expensive. That's why Nail 17 promotes healthy nails naturally, using a powerful, patented combination of essential oils harvested from the Earth. It is the only product available that kills all 17 bacteria known to cause unhealthy nails without using harsh chemicals or causing painful side effects. And the affordable price means people of all walks of life can have access to healthy nails. The formula was

developed by a world-renowned professor at a leading university in Michigan, and remains the only all-natural solution.

Athletes, seniors and anyone suffering can be freed from unhealthy nails with Nail 17.



Nail fungus can be embarrassing, especially during warmer weather when bare feet and open-toed shoes are the norm. Nail 17's Natural Fungal Nail Relief is an all-natural product specifically developed to treat the underlying cause of unsightly nails – without the risks and high costs of prescription medications. Developed and tested at a leading university in Horticulture, the patented formula of Nail 17 kills all 17 microbes that cause unsightly nails, promoting healthy new nail growth and better-looking feet.

Nail 17's formula has been proven in laboratory and clinical trials to stop the progression of the disease and allow a healthy nail to grow in. Patients participating in trials reported noticeable improvement within one month. [Keep in mind that depending on how long you have had the nail fungus and how fast your nails grow it can take several months to see clearing in the nails.] Nail 17 is a great natural option for fighting nail fungus and is available at SGMC.



Don't let the name fool you, Lil Larry™ packs enough power to take its rightful place, as the newest addition to the Larry™ family. Lil Larry is equipped with a 250 lumen C•O•B work light, featuring 3 light modes: high, low and emergency red flash. The anodized aluminum body and recessed LED housing ensures that Lil Larry is ready for any task. Lil Larry offers:

- Water and impact-resistant
- Ergonomic non-slip grip
- Protective LED housing
- Steel belt/pocket clip
- Powerful magnetic base

There is a top-positioned, ON/OFF button and they are powered by 3 AAA batteries (included)

The Perfect Phone For the Hearing Impaired

Vocalization of names and numbers is just one of the key features of the 40db Telephone with Talking Caller ID from Geomarc.



This phone is designed to meet the needs of people with either vision or hearing impairment. It's easy to set up in a way that meets the user's specific requirements. Look at the features:

- Talking Caller ID functionality (requires network service subscription)
- 64-number incoming call log
- 30-number phone book
- Audible registration on the keypad
- Hands-free speakerphone
- 3 direct memories—can be used as emergency numbers with sequential dialing
- Hearing aid compatible
- Amplification up to 40dB
- Large, backlit display
- Adjustable ringer volume
- Extra-bright visual ring indicator
- Requires 4 AAA batteries
- Includes power pack
- 1-year warranty

The Poisoning of Body and Soul
 By: Brenda Watson CNC

Toxins. Now there's a word. Like stress, 'toxin' is a word that simply wasn't significant to any of us 20 years ago. And both are perhaps the most destructive words for our health today. The word "toxin" is a polite form of the word "poison". I was at a health talk recently, and the doctor continuously used the word toxin, however in context it seemed almost harmless – like dust that one could simply wipe up and that was that. There are more than 200 identified industrial chemicals – from pesticides, flame retardants, jet fuel, to neurotoxins like lead and other harmful heavy metals that surround us daily. Perhaps the reason the word 'toxin' is used is to deflect the seriousness of the effects, (if known), of the chemicals which are --- poisonous and ultimately life-threatening – directly or as they accumulate over time. Let's call it for what it is – poison. Sometimes as I speak with young people, I am faced with the overwhelming urge to apologize for my generation - that over-zealous, thoughtless group who invented plastic and one chemical after another without any teeny-tiny thought of consequence. Our Native American brothers and sisters from "The Great Law of the Iroquois" had the sober idea called "Seven Generation Stewardship". It suggests humans consider the impact decisions will have on 7 generations in the future (about 140 years) before making decisions irresponsibly. How I wish our Congress aligned with that mindset. Our current task is more difficult because the effects of these substances are cumulative, stealthy and long term. Toxins are aptly called "silent epidemics". Often they are found in our air and are invisible so it's hard to think about something you can't see. And of course, the tremendous profit those chemicals afford the corporations that make them make a conversation to diminish or eliminate them a hard one to be heard. On the upside, I also read another article – "FDA Proposes Limit on Arsenic in Infant Rice Cereal". Perhaps not the most uplifting title, but after all, the revolution has to start somewhere. Baby steps. Here are some organizations that can use your help protecting our environment and our bodies – Environmental Working Group www.EWG.org, Pesticide Action Network www.PANNA.org, Safer Chemicals, Healthy Families <http://saferchemicals.org/>. Are you with us?

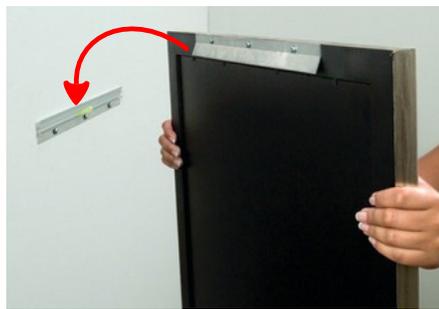
Above article edited for space

This information is neither a recommendation nor diagnosis for disease. We make no health claims regarding the information presented here. This information is a starting point in your interest to be a better informed consumer of natural health products. We look forward to being a resource for you.



Hangman HD Hangers

The Hangman Heavy-Duty Mirror & Picture Hanger with Walldog Screws is a classic and best selling product. It consists of two aluminum interlocking brackets featuring a built in level which ensures an accurate installation. The aircraft-grade aluminum brackets that will not corrode can be used indoors or outdoors on all surfaces. The system includes Walldog anchorless fasteners. They are heavy-duty mirror & picture hanger with a built-in level. The Interlocking aircraft-grade aluminum brackets install with walldog anchorless screws. They are patented & made in the USA. They are available in 12" (holds up to 100 lb) or 18" (holds up to 200 lb). Hangman are just another great exclusive hanger option that SGMC offers for your mirrors and art.



After using this revolutionary formula, your teeth will feel polished and clean as if you had just visited the dentist. Although this unique product is black in color, it is flavorless in taste. Our "mud" is safe for all ages to use and the ingredients are so natural you could swallow them! My Magic Mud Tooth Powder is the leading alternative to conventional teeth whiteners, which are frequently reported to tarnish the enamel and cause harm to the gums. Give My Magic Mud a try today!



"Let us make your Custom Sign in our Sign Shop – Yard Sale Signs, Banners, Lettering for your business building or vehicle, registration numbers for boats and trailers and lots more."

**CUSTOM SIGNS
 MADE TO ORDER**

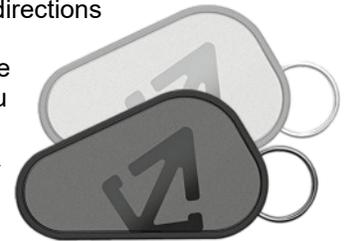
Spray Primer

If you're looking to prime just about anything especially art substrates choose Krylon Gesso Spray which is a premium spray primer that seals and protects for maximum coverage. It's dry to the touch in 10 minutes or less. And it's dry to handle in about 1 hour or less. Use it on Wood, Metal, Wicker, Glass, Plaster, Ceramic, Fabric, Paper, Paper Mache and more.



Smart Tracker

Are you all the time losing or misplacing your keys or anything else for that matter. We have the answer! The ANKR Smart Tracker is a small electronic device that makes your stuff smart and hard to lose. Now your things can let you know when they're about to be left behind. This Gunmetal Black-colored device is sleek and thin, perfect for adding to your keys and bag or for sliding into your wallet. It features no-pairing Bluetooth technology, so it sets up in seconds and easily communicates with your smartphone right out of the box. Using ANKR's free mobile app, add and manage multiple Smart Trackers and Safe Zones, and see which items are with you. If something is left behind, you're alerted and given directions back to it. Once you're nearby, you can ring your ANKR to help find it quickly. Smart



Tracker is simple setup with no Bluetooth® pairing required and has up to 250ft range. There is a free mobile app for iOS™ & Android™. You'll get smart notifications and an easily replaceable 6-month battery along with last-seen item location with directions. Smart Tracker's ultrathin, lightweight design is perfect for keys, wallets & more and they are water, weather & impact-resistant.